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## LIBRARY - AS A FACTOR FORMING SPIRITUAL EDUCATION

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### ABSTRACT

*This article emphasizes the role of the book in human spirituality and in the formation of each person, his or her spiritual thinking. In addition, recommendations and conclusions are given about the current national practical activities, the role of the book in society and its attention to the popularization and popularization of reading, increasing the love of our youth for the book and strengthening their spiritual immunity.*

**KEYWORDS:** Book, Reading, Spiritual Thinking, Spiritual Education, Ideas, Justice, Generosity, Humanism, Knowledge and Mental Maturity

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### Introduction

In the face of the education system of our country, along with providing the younger generation with solid knowledge of modern knowledge and skills, it is important to bring up selfless, high-spirited people.

### LITERATURE ANALYSIS AND METHODOLOGY

On September 13, 2017, the President of the Republic of Uzbekistan Shavkat Mirziyoyev issued a decree "On a comprehensive program of measures to develop the system of publishing and distribution of book products, increase and promote the culture of reading and reading" № 20621. This decision is of great importance in enhancing our spiritual life and helps to enhance the culture of reading and reading. It is expedient to solve such important tasks comprehensively, to improve the system of publishing and distribution of book products, to effectively organize the work of placing and promoting the best examples of Uzbek and world literature on the Internet and disseminating them to a wide readership (T, 2017).

Many of us today boast, "Our young people know the computer well, they can get any information from the Internet in an instant. In fact, it is true that our young people live in the age of computer development and study abroad. They are trying to get basic knowledge from websites. Can websites replace the book, which is not only a product of the human mind, but also a divine blessing. If we pay attention, our children are increasingly not reading books (Mirziyoev, 2017). While we are pleased with the work being done under the leadership of Mirziyoyev to further develop reading, today it is difficult to teach our children to read books, to love books.

It should be noted that the above-mentioned practical recommendations are also significant in that the decree of President Sh.M.Mirziyoev raised the role of books and the culture of reading in the spiritual life of society (Mirziyoev, 2019). This important document is an important step towards the consistent implementation of spiritual and educational processes in our country, raising the culture of reading, developing the **Mirzaev Mutalib Ibraevich** and further expanding the necessary conditions for their harmonious upbringing. Any destructive force and aggression can be overcome with high spirituality. In this sense, reading should become a vital necessity for all of us today. It can be said that the personal attention paid to this issue by the head of our state and the definition of important tasks in this regard have opened a new model stage for all of us in promoting high spiritual thinking, high consciousness and enlightenment among the population.

The great thinker Alisher Navoi said, "The book is a grateful teacher, the main source of knowledge and spiritual growth" (Matchonov, 2016), while our great ancestor Amir Temur said, "The book is the basis of all creativity, intellect and knowledge." He is the coach who teaches life" (Amir, 2003). Our previous observations confirm from what sources the deep veins of the literary scholar Fitrati, who believed with all his body that the book was the first miracle, drank water from. In particular, the writer and playwright C Zweig writes, "Where there is a book, there is no man who is not preoccupied with himself, who is not left within his own scale, he is acquainted with all the universal achievements of the past and present, the thoughts and feelings of all mankind" (Farbermen, 2001). Writer and philosopher J. "Books are the children of the mind," says Swift, and educator and writer Ya. "Books are a tool for spreading wisdom," Comenius said. It is clear that if a grateful teacher who leads to spiritual maturity and an inexhaustible spirituality bring together ideas about a book that is considered a treasure, they will undoubtedly be a book in itself. Ozod Sharofiddinov, a well-known literary scholar and translator, described the seven wonders of the world as "... However, there is another miracle in the universe, the greatness of which is not inferior to the total splendor and beauty of the seven miracles. This miracle is a book. Many great people have noted that the book is a miracle, the first miracle even when it is a miracle (Farbermen, 2001).

## **DISCUSSION**

The ideology of national independence, based on the centuries-old traditions, customs, language and spirit of our people, is firmly in harmony with universal values, instilling in students a sense of confidence in the future. Education through the pursuit of knowledge and enlightenment, etc., is the most effective way to lead a person to spiritual maturity, as well as to protect him from the influence of various alien ideas (Karimov, 2008). For the spiritual upbringing of a person with such qualities, first of all, in the educational process:

- To form in the minds of young people such noble qualities as modesty, decency, respect for parents, respect for adults, compassion for the little ones;
- cooperation in the development of the individual, the inculcation of great pride in the heritage of our great ancestors, the formation of incomparable respect for the values and traditions that have come down to us over the centuries;
- To inculcate the principles of tolerance towards one's own religion and other religions;

- To show that the maturity and spirituality of the person are important factors in the social society; to show the peculiarities of human qualities and inhuman views;
- To show that human qualities such as sincerity, patriotism, compassion, faith, devotion are one of the most important factors in the development of the person.

**Mirzaev Mutalib Ibraevich**

We believe that it is necessary to develop in young people the skills of independent, creative thinking, information sorting, analysis.

At each stage of continuing education, taking into account the age, psychological characteristics, learning opportunities of students, to continue to protect their hearts and minds from the influence of various harmful ideas and ideologies, and to develop their interest in reading popular science, art and history. We found it necessary to recommend the following to general secondary school students, noting the need to increase:

Examples of folklore: the inculcation of noble notions through the image of heroes, reflected in fairy tales, parables, legends, epics, national and universal values, the concepts of solidarity, courage;

- To convey through the heroes of national fairy tales that honesty, truthfulness, conscientiousness, diligence, exceeding one's word is the beauty of man;
- To explain the feelings of national pride and national pride in the spiritual maturity of the person on the example of the symbols of our state (Khudoykulov, 2016).

In the upper grades:

The essence of national and spiritual values reflected in artistic and historical works are high human qualities: love for the country, devotion to the motherland, the formation of feelings of belonging to it;

The positive qualities of the protagonists: the general content of the concepts of devotion, peace, freedom of thought, liberation of mind and consciousness from oppression, goal-oriented concepts such as intellectual intelligence, spiritual, spiritual potential; to form the qualities of politeness, honesty, conscientiousness in everyday life by comparing the events in the work with the realities of the student's life;

Concern for the future and independence of our country, understanding and protecting the dignity and honor of its people, working in the pursuit of good intentions, dedicating their talents, opportunities and, if necessary, their lives to the future of the country.

Achieving a family reading culture today is a requirement of the times. The book is an inextinguishable light that illuminates the paths of human life, a source of happiness that gives meaning to human life, a faithful friend who accompanies in any situation. There is no book that has the biblical power to ensure the spiritual maturity of man. Therefore, from time immemorial, the leaders of enlightenment, the people of knowledge, have called on all mankind to read books and learn the secrets of science and etiquette. The role of the family in the upbringing of a culture of reading is extremely important, as all the criteria and elements of upbringing are

formed, first of all, in the family. If we rely on the saying that the bird does what it sees in the nest, this essence rises to a more relevant stage.

Indeed, the family environment, family values play a key role in the development of the individual. The spiritual level, the moral views of the parents are directly transmitted to the child, echoing in the personality of the children. Therefore, reading, love of fiction is one of the important features of human spiritual thinking, upbringing. It is highly probable that a person who loves the world of books, the literary world, and enjoys art, will pass on these feelings and qualities to those around him, especially his family. The child of the reading parent also shows a special love for the book, which leads to a natural interest: **Mirzaev Mutalib Iuraevich** sure. Therefore, in the upbringing of the reader generation, first of all, it is important that the parents are educated, familiar with fiction. If we take a closer look at the lives of our familiar families in the vicinity, we can see in which family the culture of reading was formed. Some like to sail in the ocean of worldly events, while others are eager to travel in the sky of fiction. Someone finds time to read one book a month, while others find it necessary to read one book a week. So, with the book, everyone faces a different situation in their world, within the limits of their desires and capabilities. At this point, to further clarify the essence, we will focus on the focus on reading in the example of a particular family.

There is a family where reading in their home is valued as a daily activity, a serious activity. The owners and owners of this home, which raises five children, strive to make both themselves and their children readers. These people, who grew up in the family environment where they were born and grew up with a love of books, attention to literature, and made reading a family value, want their children to enjoy the great and priceless treasure of books and achieve spiritual perfection. To do this, both parents, depending on their time and ability, select and purchase masterpieces of various literary genres, world and Uzbek literature, religious and enlightenment sources, which have a high content, artistic and aesthetic significance. These works are distributed taking into account the age and interests of their children, their intellectual potential, their ability to master. Most importantly, when a book is presented, they set aside some time to read it, taking into account its size as well.

The head of the family, the father, is more demanding in this regard. She determines the amount of pages to be read each day, takes a special interest in poetry, and assigns each child to memorize poems. Almost every evening when he returns from work, after dinner, he calls his children one by one and accepts the task assigned to him as an educator. That is, children recite poems they have memorized; talk about the pages identified from the works they read and their content; the activities of the protagonists react to the character. Those who complete the book will share their impressions of the work. In this process, the indicators of children's mastery, the level of responsible approach to the task, the culture of reading also become clearer and become the impetus for specific approaches. Another important aspect is that after the children read their own work, the books are exchanged, and they continue to read each other's books. It is also possible to read books in the family circle. Due to the fact that the mother has a lot of housework, often on weekends the father gathers his children around him and explains the content of works of high educational value (such as "History of Muhammadia", "Social etiquette", "Khamsa") (Bozorova, 2018). As a result, it has a positive effect on the general upbringing of children .

Today, in our society, several times more effective work is being done and propaganda is being carried out to develop reading and improve the culture of reading. However, the perfection of the reading culture in the family environment is not satisfactory. As we have seen above, it is unfortunate that in addition to book-loving families, we also encounter a family environment that is the opposite of them. Many families, parents are not interested in reading books themselves, nor do they guide their children in this regard. Also, not everyone pays enough attention to the culture of book selection in family reading. No book-loving parent can achieve positive results in the selection of a work of art without taking into account the age and physiological characteristics of the child, the spiritual world, the scale of interests and aspirations. Apparently, the culture of reading also has its own norms and requirements. With this in mind, the following recommendations should be considered in order to have a f

**Mirzaev Mutalib Iuraevich**

- Parents should always be an example to their children when reading books; arranging for families to take turns reading at certain times;
- To present a book, taking into account the age and character of each child, the spiritual world;
- For young children to choose works that are more colorful pictures, written in capital letters, able to reflect the boundaries of his immaculate imagination;
- For a middle-aged child, to recommend works that reflect the fate of his peers, depict life, fantasy, and animate emotions;
- To have frequent conversations with independent, married children about reading books and to make the necessary recommendations (this will pave the way for the continuation of the tradition of family reading as a sacred value);
- To be valued as a family with high spirituality, intellectual potential, which makes a worthy contribution to the material and spiritual development of society.

Consequently, we have come to the following conclusions in preventing the influence of foreign ideas on the spirituality and worldview of young people, their ideology: further increase the role of the general public (parents, grandparents, neighborhood) in preventing the ideological and ideological impact of popular culture and terrorism on young people; scientific research on the spread of extremism and terrorism around the world, similarities in their goals, proximity, sources of survival and armaments of extremist organizations, and explaining to young people that their chosen ideas and paths are futile;

To study the theoretical and methodological aspects of the ideological struggle against globalization and extremist ideologies in Uzbekistan and to revive the slogan "We must fight ignorance with enlightenment" (Karimov, 2008);

- To control the meaningful use of free time by young people in the prevention of any ideological views that hinder the development of our country;
- Establishment of libraries in educational institutions, mahallas and enrichment of the book fund; such as the establishment of a personal library in each family.

## **CONCLUSION**

From the above considerations, it is clear that the family is an important and solid foundation in the upbringing of a spiritually mature generation of readers. Therefore, the development of reading in society, in any activity to improve the culture of reading, in harmony with the family, working together creates a worthy basis for achieving the intended goals (Mirziyoev, 2017). Thus, reading a book enriches the spiritual world, enhances the culture of speech. According to great scholars, it is necessary to read books in order to preserve, study and promote the national wealth left by our great ancestors.

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